YOU ARE NOT ALONE

An Online Support Group for Women in Neurodiverse Relationships

A 10-week online support group • A safe, welcoming community

Loving a neurodiverse partner can be deeply rewarding — and, at times, isolating.

Come join if you:

- Feel isolated, misunderstood, or emotionally exhausted
- Feel like an emotional or organizational workhorse
- Struggle with communication, understanding, or differing needs
- Desire validation by other women who "get it."

What You Can Expect:

- Supportive, empathic, and nonjudgmental space
- Open and honest conversations
- Practical strategies and coping skills
- A chance to feel heard, understood, and less alone
- Led by an experienced therapist with expertise in Neurodiverse relationships

PROGRAM DETAILS

- **Meets weekly** for **10 weeks**
- **Small & intimate** — limited to **6 women**
- Guided by an **experienced therapist**
- **Confidential** & judgment-free space

INVESTMENT

$50 / week per session

Or **$400** paid in full ($100 savings)

To register, or for further information --- spaces are limited

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